


# THE NEST



## GLUTEN FREE BREAKFAST MENU


SERVED FROM 8.00AM - 11.30AM

**The Full English** Grilled smokey back bacon, local free-range egg, grilled tomato, baked beans, hashbrowns, grilled portobello mushroom, served with gluten free toast & butter. **11**

**The Veggie Full English** \*  Moving Mountain vegetarian sausages, sliced avocado, local free-range egg, baked beans, hashbrowns, grilled tomato, grilled portobello mushroom, served with gluten free toast & butter. **11**

## BREAKFAST SANDWICHES

**Crispy smokey back bacon** Served on a gluten free bread roll. **5.5**

**Moving Mountain vegetarian sausage**  Served on a gluten free bread roll. **5.5**


+ Add bacon **1.5**


+ Add fried egg  **1.5**

+ Add hashbrown  **1.5**

+ Add grilled portobello mushroom  **1.5**

## TOAST & EGGS

**Smashed Avocado on Gluten Free bread**  Served with poached eggs, drizzled with basil oil & lime. **8**

**Toasted Gluten Free bread**  Topped with local free-range eggs. **5.5**

*Available in poached, scrambled or fried.*

+ Add smokey back bacon **2**

+ Add hashbrowns  **1.5**

+ Add smoked salmon  **3**

**Eggs Benedict**  On a toasted gluten free bread, topped with two poached eggs & Hollandaise sauce. **8.95**

**Toasted Gluten Free bread**  Sliced bread, served simply with butter & a choice of preserves. **3.5**

Allergen Information: Vegan  Vegetarian  Shellfish  Fish  Nuts 

Full allergen list available, as we handle all allergens in our kitchen our food may contain traces. Please notify the team of any allergies in your party. A discretionary 10% service charge will be added to your bill. Payment is by card only.

\* Vegan option available.



# THE NEST



## GLUTEN FREE BREAKFAST MENU

SERVED FROM 8.00AM - 11.30AM

### BREAKFAST BOWLS

Seasonal fresh cut fruit 	6.5
+ Add Greek yoghurt	2
<hr/>	
Crunchy granola  With mixed seeds, topped with Greek yoghurt & fresh berries.	7

### BREAKFAST SMOOTHIES

Banana Berry Fresh banana, raspberry, strawberry, apple juice & honey.	4
<hr/>	
Tropical Fresh banana, pineapple, passionfruit, coconut water, orange & lime.	4

### BREAKFAST COCKTAILS

Breakfast Bellini Light & bubbly for enjoying early.	9
<i>Available in peach, strawberry or raspberry.</i>	
<hr/>	
Bainland Bloody Mary Edwards vodka, house spice mix, lemon & tomato juice.	11
<i>Available in mild, medium or hot.</i>	

Allergen Information: Vegan  Vegetarian  Shellfish  Fish  Nuts

Full allergen list available, as we handle all allergens in our kitchen our food may contain traces. Please notify the team of any allergies in your party. A discretionary 10% service charge will be added to your bill. Payment is by card only.

\* Vegan option available.